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BLAENAVON

#### SOMMUNITY WELLBEING





STORY & CRAFT SESSIONS





SPORTS AND EXERCISE SESSIONS

#### FACE PAINTING

#### SATURDAY 4TH MARCH 11AM-4PM

BLAENAVON WORLD HERITAGE CENTRE

INFORMATION AND ADVICE

COME ALONG TO FIND OUT WHAT'S
HAPPENING IN BLAENAVON AND TO SHARE
YOUR IDEAS FOR THE TOWN

WE WILL ALSO BE JOINED BY A WIDE SELECTION OF ORGANISATIONS WHO CAN OFFER HELP AND ADVICE ON PHYSICAL AND MENTAL HEALTH, WELLBEING, FINANCE, DIGITAL ACCESS, VOLUNTEERING, BENEFITS, COST OF LIVING CRISIS, HOUSING AND EMPLOYMENT AND MORE

#### COMMUNITY WELLBEING



BLAENAVON

BLAENAVON WORLD HERITAGE CENTRE

SATURDAY 4TH MARCH 11AM-4PM

#### **ACTIVITY TIMETABLE**

12-1PM & 2-3PM

WELL BEING STORY AND CRAFT SESSION WITH TORFAEN
LIBRARY

11.30 AM – ZUMBA WORKSHOP

1.30PM – PILATES WORKSHOP

3PM KETTLEBELL WORKSHOP

#### **ALL DAY ACTIVITIES**

SPORTS TASTER SESSIONS WITH TORFAEN SPORTS
DEVELOPMENT, BALLOON MAGICIAN, FACE PAINTING

FOR MORE INFORMATION CONTACT

BLAENAVON TOWN COUNCIL AND TORFAEN COMMUNITY CONNECTORS PRESENT

#### BLAENAVON BEFRIENDING FILM CLUB



LAST FRIDAY OF EVERY MONTH

**BLAENAVON WORKMEN'S HALL** 

**FILM STARTS AT 10.30AM** 

FREE ENTRY AND REFRESHMENTS



FOR MORE INFORMATION
CONTACT COMMUNTY
CONNECTORS ON 01495 742397

Community
Connectors
Bringing you and the
community together



#### Blaenavon Town Council



# Free Community Swimming at Pontypool Active Living Centre

In partnership with Torfaen
Leisure Trust we are pleased to
offer TWO free swimming
sessions and transport for ALL
Blaenavon residents this



Friday 28th July & Friday 25th August

Coach pick up from Workmen's Ha

@ 9.20am

#### Swimming session 10am-11am

Learner pool for baby & toddler session also avaiable. hildren under 16 MUST be accompained by an adult however children

over 8 are permitted in the pool without an adult.

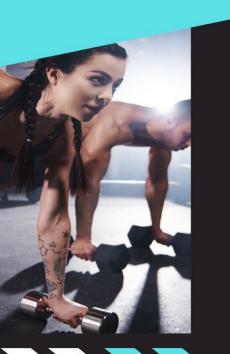
Booking is essential as spaces are limited.

ontact sophie.johnson@blaenavontowncouncil.co.uk or 07877 849143

for more information and to book











### **ACTIVE TEENS FREE GYM SESSIONS**

**EVERY FRIDAY** 4-5PM - TERM TIME

> **BLAENAVON ACTIVE LIVING** CENTRE

- WITH TORFAEN SPORTS
- DEVELOPMENT COACHES
- FOR AGES 11-16
- NO BOOKING REQUIRED
- 07877 849143



# FREE SUMMER SKATEBOARDING



**27TH JULY, 4TH, 11TH & 18TH AUGUST** 1PM-3PM BROAD STREET CAR PARK

INFORMATION CONTACT



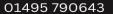
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**Bron Afon** 



**Bigengyon Town Council** and Forgeside RFC

Sunday 7th May



Kings Coronation and Garden Party

#### **Live Music**





Disco and Bar

#### Craft Fair and Street Food

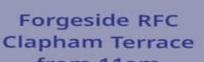
**Burnsies Burgers** Ice Cream Van

Blaenavon community groups

Design a mascot competition

**Balloon Magic** Face Painting **Bouncy Castles** and more

Forgeside RFC from 11am





## Blaenavon



### **Coronation Fair**

By GW Crafters and Blaenavon Town Council

Monday 8th May 10am - 3pm

Face painting

Balloon modeller

30 craft stalls

Blaenavon Male Voice Choir

Food & drink available from the Heritage Cafe

Blaenavon World Heritage Centre

Church Road, NP4 9AS











### COUNTRY & WESTERN

**COMMUNITY FAYRE** 



ANCY DRESS PRIZES

O PRIZE FOR ADULTS AND KIDS!



E MUSIC - FOOD & BAR - GAMES & CHILDREN'S ENTERTAINMENT
BALLOON MAGICIAN - GLITTER TATTOOS - SELFIE STATION

BROAD STREET CAR PARK
SATURDAY 12TH AUGUST 12PM-5PM





Are you 19+ without a Maths GCSE grade C (or equivalent)

#### COOKING ON A BUDGET

This course will teach basic maths needed to cook on a budget. You will learn how to calculate costs of ingredients; how to weigh/measure accurately; how to work out discounts and save money. Recipes will be nutritious and tasty.

All ingredients will be provided.

Booking is essential as places are limited.







THE PANTRY, CIRCULATE, BLAENAVON MMA020T23 - 6th October 1:00pm-3.00pm for 5 weeks

Register your interest today!
Call 01633 624093 or email multiply@torfaen.gov.uk

Multiply is a UK Government funded project to help adults 19+ without GCSE Maths at grade C (or equivalent) to improve their numeracy skills.

Multiply courses are FREE!

**Tel:** 01633 624093

**Email:** multiply@torfaen.gov.uk

Facebook:

Facebook.com/TorfaenACL











**BLAENAVON TOWN COUNCIL** 

# FAMILY FIT

**CLASS** 

#### FREE

EVERY FRIDAY 5PM-6PM
TERM TIME
BLAENAVON ACTIVE LIVING CENTRE

SUITABLE FOR ADULTS AND CHILDREN AGED 4+ SESSIONS WILL INCLUDE FUN BOOTCAMP/GROUP WORKOUTS AND ACTIVITIES TO ENJOY TOGETHER!



FOR MORE INFORMATION AND TO BOOK PLEASE
CONTACT
SOPHIE.JOHNSON@BLAENAVONTOWNCOUNCIL.CO.UK









#### COMMUNITY WELLBEING



BLAENAVON WORLD HERITAGE CENTRE

SATURDAY 11TH MAY 11AM-3PM

#### **ACTIVITY TIMETABLE**

11.30AM-12.30PM & 1.30PM-2.30PM
WELLBEING STORY AND CRAFT
SESSION WITH TORFAEN LIBRARY

12PM – ZUMBA WORKSHOP
12PM–2PM –COOK STARS COOKIE DECORATING
1.30PM CHAIR BASED STRENGTH WORKSHOP

#### **ALL DAY ACTIVITIES:**

FACE PAINTING, BALLOON MODELLING, GO KART WORKSHOPS, WELLBEING MASSAGE, SPORTS

FOR MORE INFORMATION CONTACT
SOPHIE.JOHNSON@BLAENAVONTOWNCOUNCIL.CO.UK
07877 849143